



GAUTENG:

Benoni East Rand Meeting date: last Thursday/ month @ 10:00 (Rynpark 6)

Mrs Veronica Alberts
P O Box 11896
Rynfield
1514
Tel: 011 747 7000
Cell: 083 699 6629
Email: anneke@rynpark.org.za

Mrs Heather Smith
Tel: 011 849 8509
Cell: 082 464 6102
heatherlalsmith@gmail.com

Balfour Park Meeting date: last Wednesday / month

Mrs Rosemary Burke
P O Box 2195
Highlands North
2037
Tel: 011 640 3919
Email: burke.rosemary1@gmail.com

Bryanston Meeting date: last Wednesday / month

Mrs Sue Glover
24 Alexandra Avenue
Craighall
2196
Tel: 011 787 1425
Fax: 086 503 1518
Cell: 072 148 2793
Email: ericglover@wbs.co.za

Panorama Estates Meeting date: 2nd Thursday/ month

Mr John Konigkramer
P O Box 2331
Panorama Estates
1718
Tel: 011 954 4878
Cell: 072 462 0496
Email: djekon@mweb.co.za

Orlando East Meeting date: Referrals only

Mr James Maphiri

P O Box 82626
Southdale
2135
Tel: 011 680 6889
Cell: 083 309 0828
Email: mjmaphiri@gmail.com

Southern Suburb Meeting date: 2nd Saturday/ month

Mrs Heather Dos Reis
147 Adrian Street
Linmeyer
2190
Tel: 011 435 3778
Cell: 082 367 6796
Email: heather@herdesk.co.za

Pretoria Meeting date: 1st Wednesday/ month

Mrs Annatjie Greeff
Postnet Suite 435
Private Bag x 18
Lynwood Ridge
0040
Tel: 012 991 0575
Cell: 076 822 6598
Email: annatjiegreeff@gmail.com

Potchefstroom Meeting date: 1st Thursday/ month @ 10:00

Mrs W Joubert
P O Box 1726
Potchefstroom
2520
Tel: 018 293 0678
Email: dverpleging@lantic.net

WESTERN / NORTHERN CAPE:

Blaauwberg Meeting date: 1st Tuesday/ month

Mrs Maureen Toerien
14 Collins Road
Oostersee
Parow
7500
Tel: 021 939 9506
Cell: 072 226 0173
Email: pieteretoerien@gmail.com

Mrs Doreen Viljoen
Tel: 021 975 4661
Cell: 082 410 0783
Email: deviljoen12@gmail.com

Northern Suburbs Meeting date: 2nd last Thursday / month

Mrs Marie Fourie
21 Panorama Road
Panorama
7500

Cell: 076 727 1138

Email: marie.lizelle@iafrica.com

Kenilworth Meeting date: 2nd Friday / month
Updated 5 October 2010

Mrs Ingrid Pieper
P O Box 27073
Hout Bay
7872

Tel: 021 790 1914

Cell: 082 457 7184

Email: ipieper@telkomsa.net

Fish Hoek Meeting date: Referrals only

Mrs Cecily Froud
P O Box 48349
Kommetjie
7976

Tel: 021 783 5791

Email: norfro@absamail.co.za

Helderberg Meeting date: 3rd Tuesday / month

Mr Babs Salhab
14 Medsac Flats
Altena Street
Strand
7140

Cell: 083 743 8522

Email: psalhab@vodamail.co.za

Hermanus - Overstrand Meeting date: 1st Tuesday / month @ 2:30 (United Church)

Mrs Beatrix Gehring
P O Box 1156
Hermanus
7200

Tel: 028 314 1733

Cell: 083 600 0919

Email: scampie2000@yahoo.com

Port Elizabeth Meeting date: 1st Thursday / month

Mrs Briar Wright
Cottage L22
Dunant Park

Summerstrand
Port Elizabeth
6001
Tel: 041 583 6180
Cell: 079 391 5527
Email: brighter2@telkomsa.net

Malmesbury Meeting date: 3rd Thursday / month

Mrs Hilletje Wiehahn
P O Box 244
Malmesbury
7299
Cell: 084 549 8443
Email: uitkyk@wcaccess.co.za

Kouga Meeting date: 2nd Friday/ month

Mrs Marie Heyns
P O Box 1876
Noorsekloof
6331
Tel: 042 296 2530
Cell: 082 612 2482

KWAZULU NATAL:

Waterfall: 4th Wednesday/ month
(Kloof, Hillcrest & Pinetown)

Mrs Sally Berry
21 The Avenue
28 Niagara Drive
Waterfall
3610
Tel: 031 763 3284
Email: salton@telkomsa.net

Mrs Wendy Brymer
Tel: 031 762 1054
Cell: 082 874 2548
Email: wendybrymer@telkomsa.net

Mrs Val Schweimer (**Tea Group**)
61 Glen Anil Street
Glen Anil
Durban
4051
Tel: 031 572 6181
Cell: 072 227 0902

Pietermaritzburg: Meeting date: 3rd Saturday/ month

Mr Theo Heesakkers
P O Box 46
New Hanover
3230
Tel: 033 502 0127
Cell: 076 970 9072
Email: theoheesakkers@yahoo.co.uk

Howick Meeting date: last Thursday/ month

Mrs Penny Toussaint
Hadca
P O Box 791
Howick
3290
Tel: 033 239 1300
Email: penny@hadca.co.za

Ladysmith Meeting date Referrals only

Mrs Marie Breytenbach
2 Shirley Lane
Ladysmith
Natal
3370
Tel: 036 631 0118
Email: mbreytenbach@telkomsa.net

Port Shepstone Meeting date: 2nd Thursday/ month

Mrs Sheila Douthwaite
P O Box 39322
Uvongo
4270
Tel: 039 682 5251
Fax: 039 682 5252
Email: villabruno@mbango.org.za

East London Meeting date: 4th Monday /month

Mr Clee Waterson
Unit 9 Jean- Del Eastgate
Kerfboom Crescent
Bonza Bay
East London
5241
Tel: 043 748 3834
Cell: 083 708 2751
Email: clerol@telkomsa.net

Plettenberg Bay Meeting date: 2nd Wednesday/month @ 10:00

Mr Maurice Hartshorne
P O Box 2207
Plettenberg Bay
6600
Tel: 044 533 5052
Cell: 083 259 1763
Email: mhartshorne@tjd.co.za

POLOKWANE:

Louis Trichardt Meeting date: Referrals only

Mrs Bertha Harding
P O Box 491
Louis Trichardt
0920
Tel: 015 516 5274

NAMIBIA:

Windhoek

Prof Hartmut Schlagbauer
P O Box 1666
Swakopmund
Namibia
Tel: 00264 64 401037
Email: hartmuts@iafrica.co.na

DURBAN: Tourette syndrome

Mrs Sandy Hodges
P O Box 4451
Durban
4000
Tel: 031 764 2293 (home)
Tel: 031 764 0647 (work)
Cell: 083 441 6937
Email: sandy.kaltravel@galileosa.co.za